

**The BICP minimum standard for a Certified Patrol Cyclist, is outlined below.
The expectation is a Pass on the following skills to receive a Certification of completion**

BICP Patrol Level 2 Skills	Level 2 - Skill Requirement (with FLAT PEDALS)
• Shifting	Seamless/Silent Up-shifts and Down-shifts
• Ratcheting	Multiple ratcheting pedal strokes while staying balanced
• ¼ Punch Front Wheel Lift	Lift front wheel up on to a 8-inch obstacle
• Riding Straight Lines	Comfortable riding a narrow line: four to six inches wide, six feet long
• Tight Turns (small circles, rock dodge, switchbacks)	Able to ride small circles six feet in diameter or less in a standing position
• Climbing (Seated, Standing, Crouched)	Three climbing stances - seated, standing, crouched on slopes of 30 degrees
• Climbing & Descending Dismounts	Comfortable and balanced with dismounting the bike on slopes of 30 degrees
• Restarting on a Climb	Restarting on slopes of 30 degrees
• Descending	Descending 30-degree slopes for twenty feet or longer
• Basic Front Wheel Lift	Basic front wheel lift over a four-inch feature (small cone, stick, or up a curb)
• Basic Rear Wheel Lift	Basic rear wheel lift over a four-inch feature (small cone, stick, or up a curb)
• Level Lift	Level lift over a four-inch feature (small cone or stick)
• Roll Down Lunge	Roll down lunge a minimum of twelve inches
• Pedaling Front Wheel Lift	Pedaling front wheel lift up a ledge the size of a curb
• High Speed Cornering	Balanced low body position with evenly weighted pedals in both directions