## RECOMMENDED CONE PLACEMENT

## **BASIC RUNWAY**

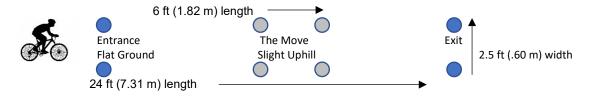
Place the same-colored cones to mark the entrance and exit and use a second cone color to mark the timing of the Move.



### **RIDING STRAIGHT LINES**



# **SHIFTING (UPHILL)**



# **SHIFTING (FLAT GROUND)**

